

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>1</p> <p>10.30am Power Sculpt 12.30pm Aquabike by Anne 6.30pm Yoga by Simone</p>	<p>2</p> <p>12.30pm Gymnastique posturale 6pm Tennis Mixte 6.30pm Athletic by Stephanie 7pm Stretching by Stephanie</p>	<p>3</p> <p>10.30am Power stretching by Stephanie 6.15pm ABS</p>	<p>4</p> <p>10.30am Pilates 12.30pm Mobility flow by Carole 6pm Tennis Mixte 6.30pm Bodysculpt</p>	<p>5</p> <p>10.30am ABS by Carole 12.30pm Osteoarticular protection by Sébastien 6pm Dance fitness by Carole</p>	<p>6</p> <p>10am Tennis for a fee (limited to 4 people) 10.45am Circuit training 11.30am Yoga</p>	<p>7</p> <p>11am Stretching</p>
<p>8</p> <p>10.30am Power Sculpt 12.30pm Aquabike by Anne 6.30pm Yoga by Caroline</p>	<p>9</p> <p>10.30am Aquagym by Anna 12.30pm Gymnastique posturale 6pm Tennis Mixte 6.30pm Athletic 7pm Stretching</p>	<p>10</p> <p>10.30am Yoga 12.30pm Barre Pilates by Nadine 6.15pm ABS</p>	<p>11</p> <p>10.30am Pilates 12.30pm Mobility flow by Carole 6pm Tennis Mixte</p>	<p>12</p> <p>10.30am Belly Danse Cardio 10.30am Aquagym by Anna 11.30pm Osteoarticular protection by Sébastien</p>	<p>13</p> <p>10am Tennis for a fee (limited to 4 people) 10.45am Circuit training</p>	<p>14</p> <p>10.15am Twenty</p>
<p>15</p> <p>10.30am Power Sculpt 12.30pm Aquabike by Anne 6.30pm Yoga</p>	<p>16</p> <p>10.30am Aquagym by Anna 12.30pm Gymnastique posturale 6pm Tennis Mixte 6.30pm Athletic 7pm Stretching</p>	<p>17</p> <p>10.30am Yoga 12.30pm Barre Pilates by Nadine 6.15pm ABS by Anya</p>	<p>18</p> <p>10.30am Pilates 12.30pm Step by Anya 6pm Tennis Mixte 6.30pm Bodysculpt by Anya</p>	<p>19</p> <p>10.30am Belly Danse Cardio 10.30am Aquagym by Anna 12.30pm Osteoarticular protection by Sébastien 6pm Step by Anya</p>	<p>20</p> <p>10am Tennis for a fee (limited to 4 people) 10.45am Circuit training 11.30am Yoga by Caroline</p>	<p>21</p> <p>10.15am Twenty 11am Stretching by Martin</p>
<p>22</p> <p>10.30am Power Sculpt 12.30pm Aquabike by Anne 6.30pm Yoga</p>	<p>23</p> <p>10.30am Aquagym by Anna 12.30pm Gymnastique posturale 6pm Tennis Mixte 6.30pm Athletic 7pm Stretching</p>	<p>24</p> <p>10.30am Yoga 12.30pm Barre Pilates by Nadine 6.15pm ABS</p>	<p>25</p> <p>10.30am Pilates 12.30pm Mobility flow by Carole 6pm Tennis Mixte 6.30pm Bodysculpt</p>	<p>26</p> <p>10.30am Belly Danse Cardio 10.30am Aquagym by Anna 6pm Dance fitness by Carole</p>	<p>27</p> <p>10am Tennis for a fee (limited to 4 people) 10.45am Circuit training 11.30am Yoga</p>	<p>28</p> <p>10.15am Twenty 11am Stretching</p>
<p>29</p> <p>10.30am Power Sculpt 12.30pm Step by Anya 6.30pm Yoga</p>	<p>30</p> <p>10.30am Aquagym by Anna 12.30pm Gymnastique posturale 6pm Tennis Mixte 6.30pm Athletic 7pm Stretching</p>					