

Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi	Dimanche
			<p><b>1</b></p> <p>10h30 Body sculpt by Anna 12h30 Mobility Flow® by Carole 18h Tennis Mixte 18h30 Body sculpt</p>	<p><b>2</b></p> <p>10h30 Belly Cardio Danse 10h30 Aquagym by Anna 12h30 Protection osteo articulaire by Sébastien 18h Dance Fitness by Carole</p>	<p><b>3</b></p> <p>8h Cours avalanche by Boudewijn 10h Tennis (payant) max 4 personnes 10h45 Circuit training 11h30 Yoga</p>	<p><b>4</b></p> <p>10h15 Twenty 11h Stretching</p>
<p><b>5</b></p> <p>10h30 Power Sculpt 12h30 Aquabike by Anne 18h30 Yoga</p>	<p><b>6</b></p> <p>10h30 Aquagym by Anna 12h30 Gymnastique posturale 18h Tennis mixte 18h30 Athletic (30min) 19h Stretching (30min)</p>	<p><b>7</b></p> <p>10h30 Yoga 12h30 Pilates by Nadine 18h30 Abdos fessiers flash</p>	<p><b>8</b></p> <p>10h30 Pilates 12h30 Mobility Flow® by Carole 18h Tennis Mixte 18h30 Body sculpt</p>	<p><b>9</b></p> <p>10h30 Belly Cardio Danse 10h30 Aquagym by Anna 12h30 Protection osteo articulaire by Sébastien 18h Dance Fitness by Carole</p>	<p><b>10</b></p> <p>10h Tennis (payant) max 4 personnes 10h45 Circuit training 11h30 Yoga</p>	<p><b>11</b></p> <p>10h15 Twenty 11h Stretching</p>
<p><b>12</b></p> <p>10h30 Power Sculpt 12h30 Aquabike by Anne 18h30 Yoga</p>	<p><b>13</b></p> <p>10h30 Aquagym by Anna 12h30 Gymnastique posturale 18h Tennis mixte 18h30 Athletic (30min) 19h Stretching (30min)</p>	<p><b>14</b></p> <p>10h30 Yoga 12h30 Pilates by Nadine 18h30 Abdos fessiers flash</p>	<p><b>15</b></p> <p>10h30 Pilates 12h30 Mobility Flow® by Carole 18h Tennis Mixte 18h30 Body sculpt</p>	<p><b>16</b></p> <p>10h30 Belly Cardio Danse 10h30 Aquagym by Anna 12h30 Protection osteo articulaire by Sébastien 18h Dance Fitness by Carole</p>	<p><b>17</b></p> <p>9h Sortie raquette Magie hivernale et indice animaliers by Boudewijn 10h Tennis (payant) max 4 personnes 10h45 Circuit training 11h30 Yoga</p>	<p><b>18</b></p> <p>10h15 Twenty 11h Stretching</p>
<p><b>19</b></p> <p>10h30 Power Sculpt 12h30 Aquabike by Anne 18h30 Yoga</p>	<p><b>20</b></p> <p>10h30 Aquagym by Anna 12h30 Gymnastique posturale 18h Tennis mixte 18h30 HIIT by Ana (30min) 18h30 Athletic by Martin 19h Stretching by Martin (30min)</p>	<p><b>21</b></p> <p>10h30 Yoga 12h30 Pilates by Nadine 18h30 Abdos fessiers flash</p>	<p><b>22</b></p> <p>10h30 Pilates 12h30 Mobility Flow® by Carole 18h Tennis Mixte 18h30 Body sculpt</p>	<p><b>23</b></p> <p>10h30 Belly Cardio Danse 10h30 Aquagym by Anna 12h30 Protection osteo articulaire by Sébastien 18h Dance Fitness by Carole</p>	<p><b>24</b></p> <p>10h Tennis (payant) max 4 personnes 10h45 Circuit training 11h30 Yoga</p>	<p><b>25</b></p> <p>10h15 Twenty 11h Stretching</p>
<p><b>26</b></p> <p>10h30 Power Sculpt 12h30 Aquabike by Anne 18h30 Yoga</p>	<p><b>27</b></p> <p>10h30 Aquagym by Anna 12h30 Gymnastique posturale 18h Tennis mixte 18h30 Athletic (30min) 19h Stretching (30min)</p>	<p><b>28</b></p> <p>10h30 Yoga 12h30 Pilates by Nadine 18h30 Abdos fessiers flash</p>	<p><b>29</b></p> <p>10h30 Pilates 12h30 Mobility Flow® by Carole 18h Tennis Mixte 18h30 Body sculpt</p>			